



Give back to our community

BECOME A VOLUNTEER

Support Teddington Memorial Hospital



Volunteer with the Friends of Teddington Memorial Hospital



Volunteer

and help us continue the good work

visit friends-tmh.co.uk/get-involved/volunteering or call 020 8714 4074

Become a Volunteer

The Friends has an excellent track record, having raised around *£8 million to support Teddington Memorial Hospital.



WHY VOLUNTEER

- Make a difference in your local community
- Meet friendly people
- Regain confidence and purpose
- Feel healthier and more fulfilled
- Gain new expertise
- Rediscover talents
- Have fun!

OPPORTUNITIES

- Box collections
- Hospital shop
- Ward trolley service
- Fundraising activities
- Local events
- Leaflet distribution
- Use your skills: marketing, book-keeping, IT, HR



To learn more, please scan the QR code, email info@friends-tmh.co.uk visit friends-tmh.co.uk/get-involved/volunteering, call 020 8714 4074 or complete the form below and return it to: **Freepost RTKJ-GCHT-HZJG, The League of Friends, Teddington Memorial Hospital, Hampton Road, Teddington, Middlesex, TW11 0JL**

Volunteers must be aged 18 or over.



I am interested in volunteering. Please contact me.

TITLE: _____ FULL NAME: _____

ADDRESS: _____

POSTCODE: _____

EMAIL: _____ TEL: _____

SIGNED: _____ DATE: _____

**Over £8m raised in support of the hospital since our inception.*

Who we are

- We support the patients and staff of Teddington Memorial Hospital.
- We help enhance services and facilities above the NHS-funded baseline.
- We are at the heart of our community.



friends-tmh.co.uk

The League of Friends of Teddington Memorial Hospital
Registered Charity Number: 1130645 Company Registration Number: 06956467