

Help us give a Wellbeing Garden to Teddington Memorial Hospital



£20,000
FUNDRAISING
TARGET

Your donation could buy...



PLEASE DONATE NOW

Together we will Give a Wellbeing Garden

A haven for patients, staff, and visitors

We are working to raise £20,000 to improve the garden at Teddington Memorial Hospital urgently. With your generous help, we aim to provide a wellbeing refuge for patients, staff, and their families.

PATIENT RECOVERY

- Hospital admission can be a highly stressful experience.
- Outdoor space can reduce this anxiety.
- An attractive garden helps accelerate patient recovery.

STAFF WELLBEING

- Staff experience anxiety, stress and depression.
- This results in 348,028 working days per month being lost.
- A vibrant garden helps promote staff wellbeing.

VISITOR WELFARE

- A loved one's illness can cause anxiety.
- Visitors often need a break from these worries.
- A delightful garden helps alleviate stress.

"Flowers always make people better, happier, and more helpful; they are sunshine, food and medicine for the soul."

LUTHER BURBANK

**Please send a gift today and help Give a Wellbeing Garden
Thank you for your support.**

Visit friends-tmh.co.uk/create-a-wellbeing-garden-for-patients-visitors-and-staff/

Email info@friends-tmh.co.uk

Write a cheque and return it to:

Freepost RTKJ-GCHT-HZJG.

The League of Friends, Teddington Memorial Hospital,
Hampton Road, Teddington Middlesex, TW11 0JL



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Who we are

- We support the patients and staff of Teddington Memorial Hospital.
- We help enhance services and facilities above the NHS-funded baseline.
- We are at the heart of our community.



friends-tmh.co.uk

The League of Friends of Teddington Memorial Hospital
Registered Charity Number: 1130645 Company Registration Number: 06956467